



## ALMOND JOY PROTEIN SMOOTHIE RECIPE

SERVINGS: 2

PREPPING TIME: 15 MIN

### INGREDIENTS

- 1 scoop (31g) Vanilla Protein Powder
- $\frac{3}{4}$  C (180 mL) Unsweetened Almond Milk
- 1 Tbsp (5g) Unsweetened Dark Cocoa Powder
- 1 Tbsp (7g) Sweetened Coconut Flakes
- 1 Tbsp (7g) Almond Slices
- 8-10 Ice Cubes

### DIRECTIONS

1. You can add some chopped almonds and desiccated coconut on top, if desired.

### NOTES

Macros: 235 Calories, 26g of Protein, 11g of Carbs, 10g of Fat, 4